

## Redwood Caregiver Resource Center Presents:

### Laughter & Tears in the Caregiving Years: Managing Family, Career, Elderly Parents and You!



With Jacqueline Marcell, Author, Speaker, Radio Host

Jacqueline was so compelled by caring for her elderly parents, she became an advocate for eldercare awareness and reform. Determination to save others resulted in her bestselling book, "Elder Rage"; hosting the "Coping with Caregiving" radio show; media including TODAY, CNN, an AARP Bulletin cover story; and presentations including to the California Governor's Conference, National Security Agency and Florida House of Representatives.

Mixing practical advice with laugh-out-loud humor, Jacqueline shares the knowledge she wishes she had known so much sooner!

- \* Normal aging vs. early warning signs of dementia/Alzheimer's
- \* Creative behavioral techniques for managing elderly loved ones
- \* The tremendous value of respite
- \* Coping with siblings, stress, guilt and grief
- \* Care for the caregiver
- \* Q &A and much more!

REFERENCES (more available by request)

Thank you for making our event a true success--the highest attended ever. We typically get 50, but 450 came to hear you! Your presentations received incredibly great reviews. One caregiver wrote, 'Ms. Marcell is a delight. I was at the brink of tears upon arrival, but now I feel confident to face the future.'

—Brenda Brown, Office for Aging, Caregiver Support Program, Utica, New York

I saw the benefit of your presentations on the faces of caregivers who heard your inspiring words--observing nodding heads, smiles, tears, and furious note-taking. I appreciated your willingness to stay late to comfort the very last caregiver who wanted to meet you. Thank you for reaching out to our caregivers--you gave them hope, compassion, answers and a roadmap.

—Susan Key Caldwell, Family Caregiver Coordinator, Purchase Area District, Mayfield, Kentucky

We are overjoyed with your presentations! You held our attention for over two hours, speaking with incredible compassion, humor and heartfelt honesty. 'Hearing Jacqueline was priceless.'...'There's nothing more helpful than to hear the heart of one who's been there.'...'I came 90 miles to hear her--and it was worth every mile!' Thanks Jacqueline--you are the greatest!!

—Lori Kostors, Family Caregiver Program, Aging & Adult Care of Central Washington

For more information about Jacqueline see: [www.ElderRage.com](http://www.ElderRage.com)

Tuesday, JUNE 23, 2009

SANTA ROSA, CA

1:30 – 3:30 pm

Finley Community Center – Cypress Room

2060 West College Ave. Santa Rosa, CA 95401 (707)-543-3737

(Also sponsored by the Area Agency on Aging, Sonoma County)

NAPA, CA

6:30 – 8:30 pm

Napa Valley Hospice and Adult Day Services – Front Community Conference Rm

414 South Jefferson Street, Napa, CA 94559 (707) 258-9080 (707) 258-9087

(Also sponsored by Napa Valley Hospice & Adult Day Services)

Wednesday, JUNE 24, 2009

UKIAH, CA

9:00 – 11:00 am

Ukiah Valley Conference Center

200 South School St, Ukiah, CA 95482

CLEARLAKE, CA

2:00 – 4:00 pm

Highlands Senior Services Center

3245 Bowers Rd, Clearlake, CA 95422

Admission \$10.00, Seating Limited, RSVP Please!

Please make check payable to Redwood CRC & send with this form to:

Redwood Caregiver Resource Center

141 Stony Circle, Suite 200, Santa Rosa, CA 95401

(707) 542-0282 (800) 834-1636

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Sign-up form below:

(Select one) I AM A Caregiver Healthcare Professional  
Other\_\_\_\_\_

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY, STATE, ZIP  
\_\_\_\_\_

PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_

HOW HEARD ABOUT EVENT \_\_\_\_\_

(Select one) I WILL ATTEND Santa Rosa Napa Ukiah  
Clearlake

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